

# Fact Sheet

## Acne & Acne Scarring Treatments



# Gemini Photo-Rejuvenation

### What is Gemini Photo-Rejuvenation?

The Gemini laser has two frequencies for the treatment of skin conditions – 532 nanometres (green KTP) and 1064 nanometres (Nd:YAG). The Nd:YAG laser is a deeper penetrating laser that can be used to treat deeper blood vessels and pigmentation, and also stimulate collagen regeneration for skin texture refinement, making it ideal for treating acne.

### What is acne and acne scarring?

Acne occurs when the sebum (oil) that normally drains to the surface of our skin gets blocked, causing pimples, comedones and, eventually, cysts. Severe acne will always leave a level of scarring after the condition has healed, but in some cases even very mild acne can result in scarring. This scarring is typically a red, raised area or indented marks that can distort the skin's texture. To successfully treat this type of scar, a resurfacing laser has to effectively remove and replace damaged tissue deep in the skin's dermal layer. Gemini Photo-Rejuvenation is a laser treatment that has provided good to excellent outcomes for acne and resulting scarring.

### Which areas can be treated?

All areas of the body where you find acne and acne scarring can be treated. The most common area treated is the face.

### Is it safe?

The Gemini laser has an astounding 23 FDA approvals for various skin treatments, making it very safe when operated by professionals. The clinicians at The Facial Rejuvenation Clinic are highly trained in Gemini Photo-Rejuvenation.

### How does it work?

The Gemini laser is non-ablative and it works by penetrating into the deeper layers of the skin and thereby stimulating collagen production from inside the skin. The energy from the KTP green laser is attracted to oxyhaemoglobin, a constituent of blood. This closes off both deep and superficial blood vessels, reducing capillaries, redness and flushing. It also stimulates collagen to refine texture.

### What happens during the treatment?

The laser is passed multiple times across the area to be treated. A local anaesthetic is used to minimise discomfort.

### How long does the treatment take?

10-20 minutes per session. You will need 1-6 treatments, 2-4 weeks apart, depending on the nature of the skin condition being treated.

### How long will my recovery be and what can I expect?

Depending on how you are being treated, recovery is 0-3 days. For deeper treatments, there can be some facial swelling and this may last up to 3 days. There may also be increased redness, but this is temporary. Make-up can be used to mask any colour inconsistencies.

### Is there any aftercare?

Avoid direct exposure to the sun for 48 hours following the treatment and always use an SPF 30+ sunscreen and wear protective clothing. It is important not to pick at the skin or irritate it after treatment.

### How long do the results last?

The results from Gemini Photo-Rejuvenation will depend on the severity of your skin condition. You may require maintenance treatment and this will be discussed during your consultation with one of our medical professionals.

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Call us on **1300 88 99 35** to arrange a free, private consultation with one of our highly trained medical clinicians experienced in all skin conditions. During this consultation we will discuss in detail the treatment program best suited to your skin concern and budget.

[www.facialrejuvenation.com.au](http://www.facialrejuvenation.com.au)

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