

Fact Sheet

Wrinkle Treatments



Fraxel

The Fraxel laser is the biggest breakthrough in skin repair and rejuvenation of this decade. This is due to the fact it can penetrate into the deeper layers of the skin (dermis) and the amount of skin treated each time can be varied. This makes it suitable for all skin conditions and all skin colours. Furthermore, results can be achieved without the downtime, pain and complications of traditional lasers that remove damaged layers of skin to stimulate skin renewal.

Due to the nature of the laser, treatments can be tailored individually – reduced for minimal recovery and downtime or increased as necessary according to your needs. Treatments can also be personalised to achieve optimum results for all degrees of skin rejuvenation and skin resurfacing.

At The Facial Rejuvenation Clinic, the level of Fraxel laser technology used will depend on your skin concern.

What are wrinkles?

Wrinkles are simply lines and creases. They are caused by a number of factors including heredity, ageing (due to the depletion of collagen and elastin), expressions, smoking and general lifestyle habits (such as working in the sun). Fraxel's benefit in treating wrinkles is that it is such an effective deep resurfacing laser that it progressively removes creased and damaged skin, producing significant, long-lasting tightening.

Which areas can be treated?

Any area of face, neck and chest where you would like to address fine lines and creases.

Is it safe?

The machine is FDA- and TGA-approved for use, which means it has been through rigorous investigation to ensure its safety. Fraxel has been trialed since 2000, was released into the market in 2004 and has been used for tens of thousands of treatments since. At The Facial Rejuvenation Clinic, we have completed more than 3000 treatments using the Fraxel laser.

How does it work?

The Fraxel laser drives thousands of individual columns of light (about the width of a hair) deep into the skin, leaving the remaining skin to stimulate collagen – the basic building blocks or structural support of our skin. The fraction of skin treated by the laser beams can be varied 14-32 per cent – the microscopic columns of treated skin are eliminated slowly over many weeks as they are replaced by healthy, new tissue. You will find your skin improves in thickness and elasticity (springiness), as well as in colour, lustre and tone.

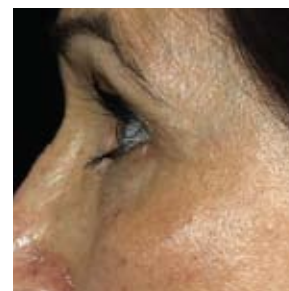
What happens during the procedure?

The Fraxel laser is rolled across the entire area it is treating eight or more times. Topical anaesthetic is applied before the procedure plus cold air is used during it to minimise discomfort. Afterwards, cold compresses are applied to cool the skin. There is no skin breakage or burning – the skin remains dry. A sunscreen and a post-laser lotion are applied and often a dry, mineral powder camouflage make-up is used to cover the resulting redness. Most people don't need someone to pick them up and take them home but feel comfortable travelling home by public transport. →



BEFORE

AFTER



BEFORE

AFTER

The images above show examples of Fraxel treatment for wrinkles – on the cheeks (left) and the eyes (right).

Fraxel

How long does the procedure take?

15-30 minutes per session, depending on the size of the area treated (+ 2 hours preparation and 1 hour cooling time). Depending on your skin's needs, you will need 1-5 sessions, 2-6 weeks apart, for best results.

How long will my recovery be and what can I expect?

You will have the appearance of a red, 'sunburnt' face for 1-3 days with some swelling, depending on the level of treatment you have experienced. Much deeper treatments may require a few more days of recovery. Most people arrange their treatments for a Friday or Saturday morning and comfortably return to work the following Monday.

Is there any aftercare?

Your home aftercare is carefully discussed before and during each treatment session, which includes ongoing sunscreen protection. Also, you will need to return for a post-treatment facial to help with exfoliation and maximise new collagen stimulation.

How long do the results last?

The Fraxel laser can take up to 10 years off your skin's age, depending on the degree of your wrinkles before treatment. We recommend maintaining this improvement and slowing future ageing by using good skin care products containing anti-oxidants and always practising sun protection.



BEFORE

AFTER

The images above show examples of Fraxel treatment for wrinkles in the eye area.



BEFORE

AFTER

The images above show examples of Fraxel treatment for wrinkles around the mouth and cheeks.

Call us on **1300 88 99 35** to arrange a free, private consultation with one of our highly trained medical clinicians experienced in all skin conditions. During this consultation we will discuss in detail the treatment program best suited to your skin concern and budget.

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