

Fact Sheet

Hair Reduction



Waxing

What is it?

Waxing is a method of medium-term hair reduction. White, red, grey and very thin (velous) hair, as well as eyebrow hair, cannot be removed by laser or IPL (Intense Pulsed Light) machines, therefore waxing is the ultimate solution. Also, if you have very tanned skin, lasers and IPLs will be less effective, making waxing a better option.

Which areas can be treated?

All areas of the face and body can be waxed.

Is it safe?

Waxing is completely safe when it is performed by the right hands. In the wrong hands, you can experience skin damage. The clinicians at The Facial Rejuvenation Clinic are highly trained in waxing techniques.

How does it work?

The wax adheres to the hair follicles so, when the wax is pulled off, the hairs come away with the wax.

How long does my hair have to be?

Your hair will need to be 6mm to 12mm long, so that the wax can adhere well to the hair.

What happens during the procedure?

If using warm wax: The wax is spread over the area chosen for hair reduction. Once slightly set, it is quickly pulled off by the operator, along with the hair.

If using wax strips: The strips are applied to the area chosen for hair reduction. The operator will vigorously rub them to cause heat, helping them attach to the hair. They are then quickly pulled off, along with the hair.

In both methods you will experience a short sting as the hair is removed, especially on the more sensitive areas such as the bikini area and underarms. With a skilful operator you should experience minimal discomfort.

How long does the procedure take?

10-30 minutes per session, depending on the size of the area treated.

How long will my recovery be and what can I expect?

Recovery is immediate, though the area may be a little red and sensitive for a few hours.

Is there any aftercare?

For the first 24 hours, avoid the sun, exfoliation and tight clothing as these can irritate the area.

Are there any side effects?

You may experience ingrown hairs (also known as razor bumps). An ingrown hair is a hair that curls back on itself and starts growing into the surrounding skin instead of straight out of the hair shaft. It is usually just a minor irritation and can look similar to a pimple, but it can cause irritation or become infected if left untreated. Regular exfoliation of the area or use of glycolic or vitamin A products can help prevent ingrown hairs.

How long will it last?

About 4-6 weeks, after which time you will need waxing again due to hair regrowth. Over time, the hair will look and feel finer.

Call us on **1300 88 99 35** to arrange a free, private consultation with one of our highly trained medical clinicians experienced in all skin conditions. During this consultation we will discuss in detail the treatment program best suited to your skin concern and budget.

www.facialrejuvenation.com.au

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