

Fact Sheet

Hair Reduction



Candela GMAX Laser

What is it?

This is the fastest and strongest hair reduction laser which can, in some people, give superior results to IPL (Intense Pulsed Light) machines. It is also very safe and has the best track record of achieving permanent hair reduction in all skin colours. This is because it comprises two separate lasers – the Alexandrite laser for hair reduction on people with fair skin and the 1064 YAG laser for use on those with dark or tanned skin. In fact, it's one of the only lasers effective on lighter hair – particularly on those who've experienced unsuccessful hair reduction in the past. It also has the most effective surface cooling of all lasers, using unique cryogenic cooling.

Which areas can be treated?

All areas of the face and body can be treated.

Is it safe?

In good hands, it is an extremely safe laser. The clinicians at The Facial Rejuvenation Clinic are highly trained to use the Candela GMAX Laser.

How does it work?

The intense light of the laser heats the melanin in the base of the hair follicle, permanently destroying the hair bulb. The feeder blood vessels to the hair bulb are also destroyed.

Do I need to prepare the area before I'm treated?

The area is shaved before treatment so there is no need to grow hair beforehand. Avoid tanning (using the sun, solarium or fake tan) for 4-6 weeks prior to treatment, as darker skin is more difficult to treat. And don't pluck, wax or use electrolysis or a depilatory cream for at least 4-6 weeks before treatment. Shaving is ok.

What happens during the procedure?

The large head of the machine is passed over the area to be treated delivering heat. As the hair is shaven, the heat only targets the hair bulb and does not burn the skin. It can be a little painful, but numbing cream can be used – in fact, the Candela GMAX Laser delivers effective cooling to the surface of the skin, significantly minimising the pain, especially when used on sensitive areas.

How long does the procedure take?

5-60 minutes per session, depending on the size of the area targeted. Hair reduction with the Candela GMAX Laser requires a third to half the time to complete each treatment compared to most other laser machines. Due to its power and effectiveness, fewer treatments will also be required. You will need 4-8 sessions over about 12 months due to hair growth stages and the area targeted.

How long will my recovery be and what can I expect?

Recovery is immediate, though the area may be a little red for a few hours.

Is there any aftercare?

For the first 24 hours, avoid the sun, exfoliation and tight clothing as these can irritate the area. Your hair should not be waxed or tweezed during the treatment period as this encourages hair growth and strength. But you may shave, bleach or trim the area.

How long will it last?

The technology is very advanced, therefore hair reduction is permanent, so long as the procedure is performed correctly and all growth stages are treated. The professionals at The Facial Rejuvenation Clinic can ensure you get the best result.

Call us on **1300 88 99 35** to arrange a free, private consultation with one of our highly trained medical clinicians experienced in all skin conditions. During this consultation we will discuss in detail the treatment program best suited to your skin concern and budget.

www.facialrejuvenation.com.au

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