

Our Recommended Range

For a skin care range to be truly effective it has to be in a form that will penetrate into the deeper layers of the skin – ideally, it has to be a serum. Too often, skin care products are too oily/creamy and block the pores, leading to other skin problems and preventing easy camouflage with make-up.

Your skin care products should include:

- anti-oxidants, especially vitamin A and C
- effective cleansers and exfoliates to unblock oil build-up in the pores and remove old skin cells
- sunscreens to prevent further sun damage
- pigment inhibitors
- skin hydrators – in the form of light, yet effective, moisturising agents.

At The Facial Rejuvenation Clinic, we individually assess your skin and tailor a skin care regimen suitable for your skin type, condition and colour. We also advise camouflage make-up that gives good natural cover without blocking your pores.

We offer a comprehensive range of carefully researched and selected face and body products. These are very effective, nutritional treatments that contain highly purified anti-oxidants, vitamins and enzymes but no bulking agents and preservatives. Therefore, what you are placing on your skin is just the active product you need. The aim of the serums is to provide maximum renewal of skin collagen and elastin, plus improve skin pigmentation, discolouration and lustre.

We have trialled all the common brands of skin care and have rejected those we believe aren't sufficiently effective for either home use or professional use in our clinic for performing our facials and skin peels. The range of products we recommend to produce the best results for all skin conditions are as follows.

- **Aspect**
- **CosMedix**
- **Results Rx**
- **Jan Marini**
- **Osmosis**
- **Rationale**
- **Obagi**

As part of our recommended range, we provide several well-known and effective products for individual skin conditions. These are as follows.

- **ASAP**
- **Clinic Care/Neova**

We also offer mineral make-ups, which are ideal for covering skin inconsistencies. These are as follows.

- **Synergie Minerals Make-up**

Synergie Minerals is designed to work in perfect synergy with your skin, offering powerful anti-oxidants to nurture and improve skin health, a natural broad spectrum UV protection and amazing results. The products are free of paraben, talc and artificial colouring, so there is no solution 'build-up' and your skin can 'breathe'.

- **Jane Iredale Mineral Make-up**

This range of make-up is not just a refinement of regular make-up, it is a new technology that is also good for the skin. It's so effective it is recommended by cosmetic surgeons, dermatologists and skin care professionals.

Call us on **1300 88 99 35** to arrange a free, private consultation with one of our highly trained medical clinicians experienced in all skin conditions. During this consultation we will discuss in detail the treatment program best suited to your skin concern and budget.

www.facialrejuvenation.com.au

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