

Mesotherapy (Lipodissolve)

What is mesotherapy?

Mesotherapy is a safe, non-surgical procedure for reducing cellulite and localised small fat deposits. It targets the superficial layers of skin (the mesoderm) to promote the body's circulatory, lymphatic and immune system and, in turn, reduce the appearance of cellulite. Problem areas are treated via a series of micro-injections of a cocktail of substances that help metabolise and dissolve unwanted fat, as well as improve the abnormal microcirculation under the skin that is a cause of cellulite dimpling. The result is that the overlying skin appears smoother. Mesotherapy is not a replacement for liposuction, which is a surgical procedure that removes large volumes of deeper fat.

What is cellulite?

Cellulite is localised fat that appears as dimpling on the thighs, bottom, legs and arms. It affects the majority of women over the age of 30, and being overweight is not a cause. In fact, many people with cellulite are slim and exercise regularly. Cellulite is due to a combination of poor microcirculation close to the skin's surface, fat herniations, weakening connective tissue, lymphatic congestion and hormonal imbalance.

Which areas can be treated?

Anywhere where cellulite and unwanted fat occurs on the body. The most common areas treated are the thighs and buttocks, abdomen and waistline. The upper arms and under the chin can also be treated.

Is it safe?

This procedure has been performed safely around the world since the 1950s, and has become increasingly popular. The clinicians at The Facial Rejuvenation Clinic are highly trained in Mesotherapy (Lipodissolve).

How does it work?

The ingredients used in Mesotherapy injections help to break down, mobilise and metabolise the trapped fat. They also increase blood flow and stimulate the fat cells to release lipids and promote cellular drainage, as well as tighten and tone the skin. The result is smoother-looking, dimple-free skin. The unwanted fat doesn't get stored

somewhere else – it is carried through the bloodstream and flushed out of the body through the kidneys and bowel.

What happens during the procedure?

A special automatic needling gun delivers very small quantities of the medical cocktail under the skin in the areas of concern. A strong local anaesthetic cream is used to minimise discomfort, along with cold ice compressors.

How long does the procedure take?

20-30 minutes per session, depending on the size of the area treated. You will require 6-12 sessions, 2-4 weeks apart, for best results.

How long will my recovery be and what can I expect?

Most people experience some soreness, redness, slight bruising and swelling and itching, which will subside in 1-2 days, but time off work isn't necessary. Bruising is common, but will generally disappear after a week and can usually be covered by clothing. A rare side effect of Mesotherapy is nodules under the skin – in the form of small, pea-like lumps. Usually only noticeable by touch, they are not serious and will dissolve in a few weeks or months.

How long do the results last?

Mesotherapy has a long history of success and will work for everyone, however the results do vary from person to person. The results are long-lasting provided a regular good diet and exercise plan is adhered to.

Call us on **1300 88 99 35** to arrange a free, private consultation with one of our highly trained medical clinicians experienced in all skin conditions. During this consultation we will discuss in detail the treatment program best suited to your skin concern and budget.

www.facialrejuvenation.com.au

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