

Fact Sheet

Peels & Facials



Microdermabrasion

What is it?

Microdermabrasion is a painless, non-invasive procedure that removes the dull, dead skin cells from the surface of your skin to reveal younger skin. As a result, the skin becomes more susceptible to topical solutions, making this an ideal treatment to have before more intensive facial treatments. At The Facial Rejuvenation Clinic, we use the latest diamond microdermabrasion (as opposed to the traditional crystal microdermabrasion) as it is a more comfortable procedure and more effective.

Which areas can be treated?

All areas of the face and body can be treated.

Is it safe?

When performed by professionals the procedure is completely safe. The clinicians at The Facial Rejuvenation Clinic are highly trained in microdermabrasion. Note that the procedure is not suitable for people with very dark skins (as they are more prone to hyperpigmentation), those who have used Accutane (Isotretinoin) in the 12 months prior, and those people with very oily skin (as it can stimulate oil production).

How does it work?

The machine removes or reduces the stratum corneum (outermost, dead layer of the skin), revealing newer, fresher-looking skin.

What happens during the procedure?

A diamond-tipped head on a suction handpiece makes contact with the skin to debride the dead skin cells, which are then vacuumed away. You may feel a little discomfort.

How long does the procedure take?

30-40 minutes per session, depending on the size of the area treated.

How long will my recovery be and what can I expect?

Recovery is immediate, though the area may be a little red for a few hours.

How long will the results last?

The results will last a few weeks, until your skin naturally develops a new stratum corneum. We recommend monthly treatments and daily use of a sunscreen and good quality skin products to help maintain healthy-looking skin for longer. Microdermabrasion gives best results when it is combined with treatments such as IPL (Intense Pulsed Light) skin rejuvenation and other professional therapeutic facial peels and treatments. The Facial Rejuvenation Clinic can provide these.

Call us on **1300 88 99 35** to arrange a free, private consultation with one of our highly trained medical clinicians experienced in all skin conditions. During this consultation we will discuss in detail the treatment program best suited to your skin concern and budget.

www.facialrejuvenation.com.au

City	263 George Street, Sydney NSW 2000
Chatswood	Suite 230, 813 Pacific Highway (cnr Help St), Chatswood NSW 2067
Parramatta	Fitness First, 57 Macquarie Street, Parramatta NSW 2150